

Platt Fields BMX Track – October onwards - Winter 2016/17

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
9 - 10am	School & Community Bookings	School & Community Bookings	School & Community Bookings	School & Community Bookings	School & Community Bookings		Private & Club Bookings	9 - 10am				
10 - 11am						Balance Bikes		10 - 11am				
11 - 12pm										Outdoor Open	Try BMX	11 - 12pm
12 - 1pm												12 - 1pm
1 - 2pm										Novice Coaching	Outdoor Open	1 - 2pm
2 - 3pm										Expert Coaching		2 - 3pm
3 - 4pm										Manchester BMX Club		3 - 4pm
4 - 5pm												4 - 5pm
5 - 6pm	Private & Club Bookings		Private & Club Bookings	Private & Club Bookings			Private & Club Bookings	5 - 6pm				
6 - 7pm		Manchester BMX Club **Invite Only**			Manchester BMX Club**	Private & Club Bookings			6 - 7pm			
7 - 8pm						Private & Club Bookings		Private & Club Bookings	7 - 8pm			
8 - 9pm									8 - 9pm			
9 - 10pm									9 - 10pm			

To book sessions, please contact the National Cycling Centre on 0161 2232244 option 3.

Manchester BMX Club will be moving their Thursday sessions indoors over winter - For more information and times, please visit

www.manchesterbmx.co.uk

